



**ANANDALAYA**  
**SUMMATIVE ASSESSMENT -1**  
**Class : VIII**

Subject : English  
Date : 21/09/2016

M.M : 50  
Time : 2 Hours

Section – A ( Reading )

Q-1 Read the following passage carefully:

**PEDAL YOUR WAY TO HEALTH**

The good thing about staying fit is that there are countless ways to it. Cycling tones up all parts of your body, from ankle to neck. Says Anju Gupta, a one-time national champion, “Cycling exercises your entire body. Resting body weight on your hands with the front bent downwards builds your biceps, shoulders, chest and strengthens your backbone.” Former cycling coach for Railways Ranjit Singh draws a parallel line between cycling and swimming as both sports demand total mobilization of the body. “These games require heavy use of ankles, legs, abdomen, hips and arm muscles, thereby tightening them up and streamlining the body.”

Cycling not only takes care of the extra flesh, it also strengthens the heart. BSF cycling coach and once a national champion, Ajit Singh explains how it happens: “To begin with, cycle at a constant speed for sometime to stabilize the heart’s pumping rate. Once you’re through this stage, sprint or cycle fast over short distances as this fastens the heart’s functioning and makes it stronger.”

Cycling stimulates you mentally. As Singh says, “Cycling early in the morning refreshes you.” Although cycling doesn’t involve too many technicalities, it’s important to get the basics right. Satish Walia, a national champion, stresses, “Warming-up exercises are extremely important to avoid sprains.” Singh adds, “Warm-ups should be accompanied by strengthening exercises like sit ups for abdomen and chin ups for the back as they help in improving the performance.”

Develop good eating habits as they complement your efforts on the cycle. Experts advise to consume less of fats but more of proteins and carbohydrates. Chuck the pizza. It’s time you began relishing milk, fruits and vegetables. Coaches also insist on drinking a lot of water. Fruits like grapes and apple also help after cycling because of their high water content and sweet taste. Get a cycle matching your height. “Even if you are not buying a racing cycle, it’s important to see if the pedal and seat height are appropriate for your requirements. By using cycles with too high or too low seats you could end up injuring your body.” So, if you are already raring to cycle, don’t forget to get the right cycle.

- (i) On the basis of your reading of the passage complete the following statements:
- (a) Cycling is a complete exercise as (i) \_\_\_\_\_ and (ii) \_\_\_\_\_ . (1)
  - (b) Besides removing extra flesh, cycling makes \_\_\_\_\_. (1)
  - (c) Experts advise cycling in the morning because \_\_\_\_\_. (1)
  - (d) If you want to avoid sprain \_\_\_\_\_. (1)
- (ii) Find words from the passage which mean the following:
- (a) Large muscle in the front part of the upper arm (para-1) (½)
  - (b) Run a short distance at full speed (para-2) (½)

Q-2 Read the passage given below and answer the questions that follow.

Without the need to work, wealthy people’s children can become demotivated and purposeless. They can find it difficult to develop an appreciation of the value of money because they have never been short of it. They can also feel crushed by the pressure to match the achievements of the predecessors. Rich American parents, try to toughen up their children by making them do household chores.

According to U.S. Trust, 99 per cent of the little children are expected to tidy their own rooms, 85 per cent to contribute to the cost of college education by working part-time. Parents also wait before handing over wealth. U.S. Trust found that the average age at which rich children gain control of money is 30 years. A current hot fad is the ‘incentive trust’, which makes inheritance conditional on the behaviour of the heir.

Read the question given below and write the option you consider the most appropriate.

1. Rich children become demotivated unless (1)  
(a) they are made to work (b) they are allowed to rest  
(c) they are given money to spend (d) None of the above
2. These children generally find it difficult to appreciate money because (1)  
(a) they are always short of money (b) they are never short of money  
(c) they are not allowed to use money (d) their parents do not respect money
3. Children of parents who have achieved a lot want (1)  
(a) their children to enjoy the money they have earned for them  
(b) their children to be tough enough to face the challenges of life  
(c) their children to learn how to keep away from money  
(d) None of the above
4. The term 'incentive trust' means (1)  
(a) the inheritance will be given only if the heir is responsible and mature  
(b) the inheritance cannot be given unless the heir works in the organization  
(c) the inheritance will be given if his parents agrees  
(d) all the above
5. The meaning of 'contribute' is (1)  
(a) give (b) donate (c) put in (d) All the above

Section – B (writing)

- Q-3 Read the following telephonic conversation which took place between Shridhar and Madhav. Write the message from Shridhar to his uncle, using not more than 50 words. Put the message in a box. (5)

Madhav : Hello! Hello! This is Madhav Patel from Ahmedabad. Could I speak to Mr. Prashant Parikh, please? I am a friend of his son, Vilas Parikh.

Shridhar : This is Shridhar Parikh. My uncle is not here at the moment. We heard about the earthquake. Is Vilas alright?

Madhav : Yes, yes. He's okay now. He was rescued from the debris. He broke his right leg. It was a multiple fracture, but there's nothing to worry about now.

Shridhar : Is he still in hospital?

Madhav : yes, he's at the Sardar Patel Hospital here--- Ward No. 7, Bed No 43. Would you please inform his family?

Shridhar : Of course I will. Thank you for calling.

- Q-4 The Adventure Club of your school is organizing a ten day trekking expedition for the students of class VIII. As Shonit/ Suhani, the Secretary of the Adventure Club, draft a notice in not more than 50 words giving details about the expedition and inviting students to join it. Put the notice in a box. (5)

- Q-5 With the help of the given clues, write a bio-sketch of A.R. Rahman in not more than 80-100 words. (5)

Name : A R Dileep Kumar (Rose to success as AR Rahman, music director and singer)

Date of birth : January 6, 1966, Chennai, Tamil Nadu

Family : Lost father at an early age; mother's influence great

Trained under : Master Dhanraj, Ilaiyaraaja

Education : Graduated in Western classical music from Trinity College of Music

Significant year: 1992—set up a recording studio; film career begins

Achievements : Awards--- Fourteen Filmfare, four National Film, two Grammy, two Academy, and so on. Padma Bhushan in 2010

Contribution to Music : Immense, national icon

Section – C ( Grammar )

Q-6 Given below are instructions for making soup. Use these to complete the paragraph that follows. (3)

Write the correct answer in your answer sheet.

1. Mix the soup powder with 750 ml of water.
2. Don't allow it to form lumps.
3. Pour the mixture into a heavy-bottomed vessel.
4. Bring it to a boil. Stir continuously.
5. Simmer the soup for five minutes.
6. Pour the soup into four soup bowls.
7. Garnish with fried croutons.
8. Serve it hot.

The packet is opened and the contents (a) \_\_\_\_\_ with 750 ml of water without allowing it to form lumps. The mixture (b) \_\_\_\_\_ into a heavy bottomed vessel. It (c) \_\_\_\_\_ continuously and (d) \_\_\_\_\_ to a boil. Then the soup (e) \_\_\_\_\_ on a slow flame for five minutes. Finally it is poured into soup bowls and (f) \_\_\_\_\_ fried croutons and served hot.

Q-7 Complete the passage by filling in the missing Prepositions. (2)

In Delhi, organizations like Vatavaran have started community waste management schemes. Under the scheme, Vatavaran workers collect garbage a) \_\_\_\_\_ households in tricycle rickshaws. The garbage is then segregated b) \_\_\_\_\_ compostable and recyclable. The compostable waste is converted into manure and recyclable material like plastic and is sent c) \_\_\_\_\_ recycling. Another Delhi-based NGO, Srishti, has also undertaken similar initiatives, while Exnora, a group in Chennai, has taken upon itself the task of raising awareness about cleanliness d) \_\_\_\_\_ slums.

Q-8 The passage given below has one error in each line. Write the incorrect word and the correct word as shown below. (3)

	<u>Incorrect Word</u>	<u>Correct Word</u>
In every country of the world, one finds that – Eg.	(a) <u>find</u>	<u>finds</u>
there are old sayings who give good	(b)	
advice. These sayings are said proverbs.	(c)	
Much proverbs are so old that	(d)	
no one knew when they were first used.	(e)	
Some proverbs suggest a better way	X	X
of do something. Others tell us how	(f)	
to get away with people. And some tell	(g)	
people how they should behave.	X	X

Q-9 Rearrange the jumbled-up words to form meaningful sentences. (2)

- a) were/expectations/beyond/his/his/marks
- b) he/everyone/hard/had/told/how/he/worked

Q10 Read the given lines and answer the following questions.

1. 'I must get a transfer.'  
Who said this? Why did the person want a transfer? (2)
2. 'Books are ships'  
What does the poet want to convey here? (1)

Q11 Answer the following questions in brief.

1. What happens to the tyrant when he becomes old? (2)
2. How did Ratan change into a mother? (2)
3. What was difficult for the poet to understand when the jet rose 6 miles high? (2)
4. Why do you think Jimmy Well's friend was called 'Silky Bob'? (1)
5. How do we know that the house visited by the traveller was empty? (2)

Q12 We should never judge a person from his vocation, hereditary, faith or appearance. Explain this in context with the lesson 'Chasing the Rainbow'. (3)